

# August 2019

616 Allen St. Waterloo, IA 50702

Day-HAB Director: Emily Wing 319-833-9454 ext. 1

Day-HAB hours are 9:00am – 1:15pm Monday through Friday (Unless noted otherwise)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Hobby Lobby C.F. w/ walk @ Prairie Lakes	2 Jazz Day	3
4	5 Make & Serve Family Style Meal	6 Fishing & Trail Walk	7 Poetry Day & Walk @ Young Arena	8 Tie Dye Do-Over Day	9 Trip to the Amish \$\$	10
11	12 Beach Day @ George Wyth	13 Indoor Games & Wii Tournament Day	14 Trip to the Iowa State Fair \$\$	15 Movie & Popcorn Day w/ Club	16 Garage Sale Day \$\$	17
18	19 Spin Art Projects	20 \$5 Movie Day \$\$	21 Bulletin Board & Walk @ Young Arena	22 Dice Tournament w/ Club	23 Mixed Media Art Day	24
25	26 Fishing & Painting in the Park	27 Anime Celebration Day	28 Club & Day hab Picnic @ Byrnes Park	29 Uno & Dice @ McDonald's	30 Mindfulness & Tidying Check in Day	31